**PATIENT INFORMATION**

**Preoperative patient instructions for those receiving IV SEDATION:**

**1. Do not eat or drink anything after midnight the night before your surgery.**

**2. Please consult with your surgeon about taking your daily medications with a small sip of water on the day of your procedure. Stop all vitamins, multi vitamins and aspirin 7 days prior to the surgery. If you are taking a blood thinner, please consult with your surgeon and/or primary physician for further instructions as you will DEFINITELY NOT BE TAKING YOUR BLOOD THINNER for a certain period of time before your procedure.**

**3. A RESPONSIBLE ADULT MUST ACCOMPANY YOU TO THE SURGERY CENTER, BE AVAILABLE TO DISCUSS DISCHARGE INSTRUCTIONS, AND TO DRIVE YOU HOME. An adult should also be available to you for a minimum of 24 hours after surgery. Please do not bring young children with you on the day of your surgery.**

**4. Wear comfortable, loose fitting clothes. You will be given proper attire while at the Surgery Center.**

**5. Do not wear makeup or nail polish the day of surgery.**

**6. DO NOT BRING JEWELRY OR OTHER VALUABLES WITH YOU.**

**7. If any change in your health status occurs within one week of the surgery (for example, a cold, cough or fever), please notify your surgeon immediately.**

**8. A pre-operative history, physical examination and certain laboratory tests may be required prior to surgery. This will be arranged through your surgeon’s office.**

**9. Arrive at the Surgery Center one hour prior to your scheduled procedure so that admission procedures and evaluation by the anesthesia staff may be accomplished.**